

January 2024



Take Flight at Meadowlark Ridge

A Note from the Principal

Happy New Year Meadowlark Ridge Families! I hope you all had a wonderful holiday with your friends and families. I'm excited to begin the second semester with students. Please make sure your phone number and email is updated in Skyward. This will ensure that you receive communication from the school, as well as the district.

- Heather Galvan, Principal

WHAT'S HAPPENING AT MLR?



Cookies with Santa

Families were invited to join us in celebrating the holiday season by frosting cookies and visiting Santa on December 7 after school. We had so many students and their family members enjoy the delicious sugar cookies. Santa was such a popular guy that we even had a line for those waiting to talk to him. He told us that kids at Meadowlark Ridge were definitely on the nice list! Thank you to everybody, especially Mrs. Galvan for putting together this fun celebration of the winter holidays!



Monthly Skill

Choices: The only person I can make change is myself.

Reminder

NO SCHOOL
January 15

Reminder

Parent/Teacher Conferences
February 7 and 8
No SCHOOL
February 8 - 12

Reminder

Is your child missing a coat, sweatshirt, etc.? Please have them check the lost and found, we have several items missing their owner!

Skill of the Month

Pretzel Breath

I can cross my legs.

I can cross my arms.

I can put my tongue
on the roof of my mouth.

I can breathe.



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Parent/Teacher Conferences

Parent/Teacher Conferences are scheduled for February 7 and 8. An email will be sent out on January 29 with a MyConferenceTime.com link to sign up for a time to meet with your child(ren)s teacher.

We strive to have 100% participation so please communicate if you are unable to meet during these two days.



1st and 3rd Grade Music Programs





Building Resilient Schools and Homes

Learn how to create safe, connected and problem-solving environments that allow adults and kids to function in their best brain state!

Who Should Attend?
Free and open to all adults

Through this social-emotional program, we will learn to discipline ourselves to help our children learn. Conscious Discipline provides an array of behavior management strategies that anyone can use to **turn everyday situations into learning opportunities.**

Building Resilient Schools and Homes is a 10-week E-Learning course from Conscious Discipline. Attendees will be provided with:

- **One graduate credit** from MidAmerica Nazarene University is available to certified staff. Information will be given at the first class.
- **FREE KDHE Hours** are also available for sessions attended in person.
- Material resources
- Individual registration for E-Learning course
- Free childcare for ages 2+, limited slots available
- Snacks

Questions?

Contact Jody at jody.craddockiselin@usd305.com



Register by scanning the QR code. Registration will close one week before the first day of class.



School Board Appreciation Month

January marks the start of a brand new, exciting year. It is also when we celebrate School Board Appreciation Month, a time to express our gratitude to the dedicated individuals who serve on our Board of Education (BOE).

In addition to welcoming our newest board member, January is also a time to look forward and set goals for the coming year. Follow us on social media as we feature what our board members are looking forward to in 2024. Their excitement for our district demonstrates their ongoing commitment to provide the best possible education for our students and helps us get to know them a little better.

As we move into the new year, let us remember to celebrate the achievements of our district and to support our BOE in their ongoing efforts to provide a high-quality educational experience for our students. Together, we can finish out the school year strong!

January Calendar

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18		20
21	22	23	24	25	26	27
28	29	30	31			

Winter Break

December 20 - January 3

Classes Resume

January 4

No School

January 15



Contact Us

Heather Galvan - Principal

Decelia Brungardt - Lead Teacher

Buffy True - Secretary

Main Office Phone Number: 785-309-4300

#MLRProud
#305GrowsGreatness

 [MLR Facebook](#)

 [School Website](#)

 [District Website](#)